

COMMENTARY

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# Angiotensin converting enzyme defects in shock: implications for future therapy

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## Background

Patients who develop vasodilatory shock, particularly when caused by an inflammatory condition like sepsis or pancreatitis, have evidence of significant endothelial injury as manifested by coagulation disorders and increased capillary permeability [1, 2]. Since angiotensin converting enzyme (ACE) activity is primarily endothelium membrane-bound [3], patients with vasodilatory shock may develop an ACE defect [4, 5]. The pulmonary and renal capillary beds hold the majority of endothelium-bound ACE and patients with acute respiratory distress syndrome (ARDS) have increasing ACE insufficiency with increased severity of lung injury [5, 6]. Moreover, previous studies have demonstrated that endotoxemia causes a decrease in ACE function [7, 8], and, finally, ACE function has been shown to be important in sepsis outcomes [5, 9, 10]. Based on these findings, investigators from the first ATHOS trial have suggested that endothelial dysfunction in vasodilatory shock may cause a significant ACE defect that results in angiotensin II (ANG-2) insufficiency [4].

## Main text

In order to test this hypothesis, as part of the ATHOS-3 trial, endogenous ANG-1 and ANG-2 levels were measured prior to study drug infusion at baseline and again 3 h after initiation of exogenous ANG-2 or placebo. One goal of these assessments

was to determine if ACE function, as measured by the ANG-1 and ANG-2 levels, was normal. In healthy patients, ANG-2 levels are generally higher than ANG-1 levels [11]. In the ATHOS-3 trial, ANG-1 and ANG-2 levels were significantly elevated with the ANG-1 levels much more elevated than ANG-2 levels, leading to a relative ANG-2 deficiency [12]. This finding is consistent with other studies showing decreased ACE activity in vasodilatory shock and implies that ACE is highly dysregulated in this setting [5, 6]. An unexpected finding was change in ANG-1 at 3 h after baseline. As expected, patients who received placebo did not have a significant change from baseline to 3 h in ANG-1 (median (IQR) values were 238 (75–653) at baseline and 218 (76–553) at 3 h). However, patients who received exogenous ANG-2 demonstrated a significant decrease in ANG-1 levels (the median (IQR) values were 260 (72–679) at baseline and 166 (47–383) at 3 h,  $p < 0.0001$ ). We hypothesize that this rapid decrease in ANG-1 may be mediated by a biofeedback mechanism: exogenous ANG-2 causes engagement of the ANG-2 type 1 receptor, resulting in increased blood pressure and decreased production of angiotensinogen and/or renin (Fig. 1a, b).

Studies of hypertension patients have shown that ACE inhibition causes increases in bradykinin, ANG-1, and other angiotensin peptides such as ANG 1-7 [11]. ANG 1-7 has been shown to cause vasodilation and to decrease blood pressure [13] (Fig. 2a). Similarly, bradykinin, an ACE substrate, has vasodilatory properties [14, 15]. These data suggest that patients with ACE defect and vasodilatory shock may suffer from a simultaneous excess of the vasodilatory mediators normally metabolized by ACE and a lack of ANG-2 generation. The addition of exogenous ANG-2 in this subset of patients may provide a dual benefit by

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**Availability of data and materials**

The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

**Trial registration**

NCT02338843. Registered 1 January 2015, <https://clinicaltrials.gov/ct2/show/NCT02338843>.

**Authors' contributions**

All authors were involved in data interpretation and contributed to writing the manuscript. All authors read and approved the final manuscript.

**Ethics approval and consent to participate**

The ATHOS-3 protocol was approved by a research ethics board at each participating institution. The study was conducted in accordance with Good Clinical Practice guidelines, applicable local regulations, and the ethical principles described in the Declaration of Helsinki. Written informed consent was obtained from all patients or their legal surrogates.

**Consent for publication**

Not applicable.

**Competing interests**

LC, SC, and GT are employees and shareholders of La Jolla Pharmaceutical Company.

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