

Commentary

Acute kidney injury in burns: a story of volume and inflammation

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See related research by Steinvall *et al.*, <http://ccforum.com/content/12/5/R124>

Abstract

Acute kidney injury occurs in approximately one-quarter to one-third of patients with major burn injury. Apart from the usual suspects – such as older age, severity of burn injury, sepsis and multiple organ dysfunction – volume overload probably has an important role in the pathogenesis of acute kidney injury.

Steinvall and collaborators present the third study on acute kidney injury (AKI) defined by the RIFLE classification in patients with major burn injury [1]. AKI was formerly only considered relevant when there was a need for renal replacement therapy. We now know that moderate decreased kidney function also has an impact on patient outcomes [2]. Only since the first consensus definition for AKI, however – the RIFLE classification [3], which was modified later into the AKI staging system [4] – are we able to truly evaluate the epidemiology of AKI in diverse cohorts of patients. AKI has a population incidence greater than that of acute respiratory distress syndrome, and is comparable with that of sepsis [5]. The incidence rate in a general intensive care unit is on average 30% to 40%, but this rate varies according to the specific cohort.

Despite the limitation that the study by Steinvall and colleagues includes only 127 patients with major burns, the study has several strengths. The authors present a very thorough evaluation of AKI, including many possible confounders for AKI. The cohort of patients also seems representative for burn unit patients in the western world [1].

What did these studies learn, and how does the study of Steinvall and colleagues relate to the other two studies on this subject – those by Lopes and colleagues ($n = 126$) [6] and by Coca and colleagues ($n = 304$) [7]? Importantly, all three studies confirmed findings in other cohorts that increasing RIFLE class was associated with a stepwise increase of mortality. There was a large difference, however,

in the incidence of AKI between the studies of Coca and colleagues and of Steinvall and colleagues (26.6% and 24.4%, respectively) compared with that of Lopes and colleagues (35.7% incidence). This difference cannot be explained by differences in baseline characteristics, such as age and total burned surface area. Other explanations should therefore be explored.

The study by Lopes and colleagues classifies patients according to the original RIFLE classification, on both urine output and serum creatinine concentration [6]. This is in contrast to the studies by Steinvall and colleagues and Coca and colleagues, which only use serum creatinine [1,7]. Especially in burn patients, the serum creatinine concentration may underestimate kidney function. The cornerstone in acute burn care therapy is large-volume resuscitation to compensate for the massive fluid losses and decreased effective circulating volume. This may lead to hemodilution, and to false low serum creatinine concentrations that do not reflect true kidney function. Catabolism, leading to loss of muscle mass, may also contribute to low serum concentrations. As the muscles are the source of creatinine, less muscle mass will result in lower serum creatinine concentrations for the same glomerular filtration rate [8]. In other words, the two studies that only used creatinine criteria may have underestimated the true incidence of AKI.

Steinvall and colleagues also report interesting data on the occurrence of AKI in relation to other organ dysfunctions. They found that approximately one-half of patients, especially those with more severe burn injury, developed AKI during the first week; the other half developed AKI during the next week. AKI was preceded, however, by other organ dysfunctions or sepsis in the majority of patients [1]. In burn injury, decreases of effective circulating volume are maximal during the first 8 hours. Apparently, the burn shock resuscitation schedule used was successful in preventing AKI in this very early

AKI = acute kidney injury; RIFLE = Risk, Injury, Failure, Loss, End Stage Renal Disease.

phase of burn shock. So when burn shock is not the cause of AKI, what else is?

This question brings us to the shift in paradigm on the pathophysiology of AKI. While formerly hypoperfusion and ischemia of the kidneys were thought the main causes of AKI in sepsis, there are now more data indicating that renal perfusion is not decreased in sepsis [9]. Instead, inflammation and apoptosis are probably playing an important role [10]. Data on renal perfusion in burn injury are lacking, but the present findings suggest that renal ischemia is also less relevant, at least in the acute phase of burn injury. Furthermore, major burn trauma patients differ from other intensive care trauma patients by experiencing an inflammatory response that is often more severe, and lasts much longer, compared with other trauma patients [11].

Another factor that may contribute to AKI in a second stage after burn shock is that volume resuscitation leads to development of intra-abdominal hypertension and abdominal compartment syndrome [12,13].

This brings us to the issue of the optimal burn resuscitation schedule. Most units use Ringer's lactate and the Parkland resuscitation schedule (4 ml/body weight (kg)/% total burned surface area). Most patients receive more fluids, however – even volumes up to 6 ml/kg/total burned surface area have been reported [14]. Other resuscitation endpoints, or other types of fluids – such as hypertonic saline or colloids – may decrease the volume, decrease the incidence of intra-abdominal hypertension and abdominal compartment syndrome, and decrease AKI [15-17].

In conclusion, AKI is also an important complication in burn patients as it is frequent and it is associated with mortality. Inflammation and volume overload play an important role in the pathogenesis of AKI. After decades of care for burn patients, therefore, we definitely need good studies into the optimal volume resuscitation strategy.

Competing interests

The authors declare that they have no competing interests.

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